## **CREATING YOUR FUTURE**

THEME OF THE DAY

CAREER EXPERIENCE AND WORKPLACE EXPOSURE

CREATE YOUR OWN FUTURE

Grades: Postsecondary



## **CURRICULUM CONNECTIONS**

Such an activity would also be useful at Employment Centres, in Career Centres at PSE institutions, and as planning for transitioning students.

## **ACTIVITY: CAREER EXPERIENCE AND WORKPLACE EXPOSURE**

Post-secondary students are often curious about the various workplace realities that are linked to their selected programs. Working with career professionals and faculty at their institution, and using available alumni networks (contact their institution's Alumni Office for help), current post-secondary students can identify employers in the region that would welcome them to their worksites for a few hours or a few days between classes to allow them to experience various workplace realities and cultures.